

LITHUANIAN ROWING FEDERATION

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For rowing federations

18/10/2022 No. S-219

CALL TO SUBMIT APPLICATIONS TO PARTICIPATE IN THE OPEN LITHUANIAN INDOOR ROWING CHAMPIONSHIP

We would like to inform that on 16th of December (Saturday), at "NBA Basketball School" Arena (address: Žemynos st. 14, Vilnius), the Open Lithuanian Indoor Rowing Championships organised by Lithuanian Rowing Federation and "ROW Rowing Organising Wave" Association shall take place.

The table specifies the events, age groups and distances held during the championship.

Title of the event	Event summary	Distance in meters	Year of birth
U15 (girls, boys)	U15	500	2009 (including) and younger
U17 (girls, boys)	U17	1000	2007 (including) and younger
U19 (girls, boys)	U19	2000	2005 (including) and younger
U23 (girls, boys)	BW or BM	2000	2001 (including) and younger
Elite (women, men)	SW or SM	2000	2000 (including) and older
Masters* (women, men)	MW or MM	1000	1996 (including) and older
Amateurs** (women, men)	AW/AM	700	Applies to all ages

^{*}Master is a rower who is 27 years of age or older in 2023 and who was not a member of the national team in 2023 and did not participate in national or international competitions as a member of the national team. For masters, the age time correction is as follows: 0.8 seconds – one year.

^{**}Amateurs – Sports and active leisure enthusiasts.

Preliminary Program

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10<sup>30</sup> Team managers meeting
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11³⁰ Start of warm-ups

12⁰⁰ Opening of the event

 $12^{10} - 12^{40}$ start of the U15 event (500 m)

 $13^{00} - 13^{30}$ start of the U17 event (1000 m)

13⁵⁰ – 14⁰⁰ U15, U17 Awards

14¹⁰ – 14⁴⁰ start of the U19 event (2000 m)

 $14^{50} - 15^{20}$ start of the U23 event (2000 m)

15³⁰ – 15⁵⁰ U19, U23 Awards

 $16^{00} - 16^{30}$ Start of the master's event (1000 m)

 $16^{40} - 17^{10}$ Amateurs – Vilnius 700 years event start (700 m)

 $17^{20} - 17^{50}$ Start of the Elite event (2000 m)

18⁰⁰ – 18²⁰ Masters, Amateurs and Elite Awards

Submission of applications

Registration is available on the website <u>www.indoorrowing.lt</u>.

Registration is open until 14 December, 17:00. There is no entry fee for this event.

If you have any questions concerning the submission of applications, please contact us by e-mail at info@lif.lt. After the application deadline, athletes may be changed or deleted by filling out the attached "Crew change" form and sending it to entry@lif.lt.

We would like to remind you about the obligation of athletes to undergo a health check and to have a certificate or a valid LRF athlete's license. Athletes participating in Enthusiasts competitions confirm that they have checked their health and are able to compete when registering.

Entries submitted after 17:00 on 14 December and entries not canceled on time will be charged in accordance with the LIF "Starting Fee Payment Schedule".

Awards

All age group 1st - 3rd place winners are awarded separately in the men's and women's categories. U19, U23 and elites additionally compete in the overall standings for 1st - 3rd place prize money, separately in the men's and women's categories.

For any questions please contact <u>info@lif.lt</u> The event will be filmed, photographed

LRF Secretary General

Saulius Ritter

^{*} The program is provisional and may vary depending on the number of participants.